

# Supplement Facts

**Serving Size: 1 Capsule**

**Servings per Container: 90**

	Amount per Serving	%DV*
Vitamin A (as beta carotene)	2,500 IU	50%
Vitamin C (as ascorbic acid)	120 mg	200%
Vitamin D-3 (as cholecalciferol)	200 IU	50%
Vitamin E (as d-alpha tocopheryl acetate)	30 IU	100%
Zinc (from amino acid chelate)	5 mg	33%
Selenium (from selenium amino acid chelate)	100 mcg	143%
Copper (from copper amino acid chelate)	0.5 mg	25%
Chromium (from chromium amino acid chelate)	100 mcg	83%
L-Aspartic Acid	150 mg	*
Aloe Vera Gel Extract (200:1)	10 mg	*
Bilberry Fruit Extract (25% anthocyanidins**)	10 mg	*
Vanadium (from vanadium amino acid chelate)	75 mcg	*

\* Daily Value (DV) not established.

\*\* Standardized powdered extract.

**OTHER INGREDIENTS:** Gelatin powder, Gelatin capsule (gelatin and water), magnesium silicate.