Supplement Fac Serving Size: 1 capsule Servings Per Container: 120	t s
Amount per Serving	%DV*

83%

200 ma

150 ma

Chromium (from chromium amino acid chelate) 100 mcg

Ginseng Root (Panax ginseng)	50 mg	**
Gymnema Leaf Extract (75% gymnemic acid)	30 mg	**
Bitter Melon Fruit Extract (40:1)	10 mg	**
Jambolin Seed Extract (16:1)	10 mg	**

Vanadium (from vanadium amino acid chelate) 200 mcg ** Daily Value not established. * Daily Values are based on a 2,000 calorie diet for adults

Cinnamon Bark

L-Aspartic Acid

and children over 4 years of age. OTHER INGREDIENTS: Gelatin capsule (gelatin and

water) and magnesium stearate.